

Rehabilitation Physician in a Transition Clinic

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How did I end up here?



The rewards of the role



Transition – to where?



The Rehabilitation Physicians Role in the St Vincent's Transition Clinic

- Isn't just about transitioning the patient through to somewhere/someone else to manage
- Provide active medical management and interventions

Multidisciplinary Team



Young Adult Complex Disability Service Team Members



Dr Kathleen Ooi
Rehabilitation
Physician



Karen Phipps
Service
Coordinator



**Carly Spencer &
Barbara Scoullar**
Occupational Therapists



Carlee Holmes
Physiotherapist



Mandy Swiatowy
Social Worker



Rene Walker
Speech Pathologist



Honor Murdoch
Prosthetics & Orthotists



Libby Doyle
Dietician

The Rehabilitation Physicians Role in the St Vincent's Transition Clinic

- Supported by allied health team directly attached to the clinic
- Management of patient expectations vs. size of workload
 - Use of local medical officer
 - Referral to appropriate services
 - Scheduled follow up

Expected Outcomes

- Transition ideally should not be about addressing urgent health needs
- It is about PLANNING
- The goal(s) are to:
 - Slow changes due to medical condition(s) and/or aging
 - Prepare patients and their families for the future
 - Address medical and social issues before they result in the patient presenting at Accident and Emergency